

## DEPARTMENT OF ORTHOPAEDIC SURGERY GRAND ROUNDS

**Wednesday, September 11, 2024**

**6:15 – 7:15 am**

**Zoom Link:** <https://bostonmedicalcenter.zoom.us/j/93469149408?pwd=QUlrbzZmR0cwbWNZZHpPK0c5ZGx4UT09>

**Meeting ID:** 934 6914 9408

**Password:** BUortho

### STEVE NGUYEN, MD, FAAOS

Joint Replacement Surgeon and Orthopaedic Surgeon  
Optimotion Orthopaedics

#### TITLE: “Total knee arthroplasty through a lateral subvastus approach”



**Dr. Steve Nguyen** is well known and recognized as a highly regarded expert orthopaedic surgeon with special interest in joint replacement surgery. He earned his Doctor of Medicine degree from Stanford Medical School and Bachelor of Science degree from University of California. Dr. Steve Nguyen has advanced and mastered his skills in minimally invasive and muscle sparing joint replacement of the knees and hips. He is extensively trained in joint reconstructive surgery and orthopaedic surgeries including trauma care.

Optimotion Orthopaedics was founded in 2007 by Dr. Steve Nguyen in Orlando, Florida with a group mission is to deliver exceptional orthopaedic care resulting in faster recovery. Dr. Steve Nguyen was among the pioneers of lateral approach total knee replacement. He was one of the first to perform the innovative minimally invasive total knee replacement procedure as an outpatient procedure, drastically reducing time in the hospital, pain and recovery.

#### At the conclusion of this activity participants will be able to:

1. Know the steps in doing a lateral approach to performing a TKA
2. Understand the risks involved in doing a lateral approach to TKA
3. Recognize the potential benefits to doing a lateral approach to TKA

**Disclosure:** Steve Nguyen, MD, Presenter, is founder and shareholder of Optimotion Implants